




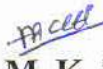
**Maratha Vidya Prasarak Samaj Nashik.**  
**G.M.D. Arts, B.W. Commerce and Science College, Sinnar.**  
**Programme Report**


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<b>Name of Department / Committee</b>	:	Department of B. Voc FPP
<b>Name of the Event</b>	:	Webinar Presentation on “ Making Health and Nutrition a Priority during Covid-19 Pandemic”
<b>Occasion</b>	:	National Nutrition Week, 2021
<b>Coordinator of the Event</b>	:	Prof. Pranali A. Aher
<b>Date(s)</b>	:	07 <sup>th</sup> September, 2021
<b>Level</b>	:	College Level
<b>Chief Guest</b>	:	Dr. P.V. Rasal (Principal) Smt. Rashmi Somani (Nutritionists)
<b>Beneficiary Group</b> (Students, Faculty, Staff, Society, Parents, Alumni, Other)	:	Students and Staff
<b>Total Beneficiary</b>	:	
Total	:	37
M	:	18
F	:	19

**Please attach detail report of event organized**

  
**Ms. P.A. Aher**  
**HOD**

  
**Dr. M. K. Zate**  
**Nodal Officer**

  
**Dr. P.V. Rasal**  
**PRINCIPAL**  
G.M.D. Arts, B.W. Commerce and  
Science College, Sinnar, Dist. Nashik



Maratha Vidya Prasarak Samaj's  
G.M.D. Arts, B.W. Commerce and Science College, Sinnar, Nashik  
Department of B.Voc  
Food Processing and Preservation

Webinar Presentation

On

"Making Health and Nutrition a Priority During Covid-19 Pandemic

7<sup>th</sup> September, 2021

Report

National Nutrition week is celebrated worldwide from 1<sup>st</sup> September, 2021 to 7<sup>th</sup> September, 2021. National Nutrition Week is used to celebrate for making the people to know about proper Health by eating proper Nutrition Foods and to get them the Importance of the Nutrition to their Body. It is very easy for people to maintain their bodies, but it is very difficult for people to decrease or increase their Body when they have high weight or low weight. It is very important to recommend the Doctors to get a proper treatment to increase or decrease their Body for making their Body as per their well Body requirement.

The theme of National Nutrition Week was "Malnutrisyon Patuloy na Labanan"

Department of B.Voc. Food Processing and Preservation conducted ONLINE WEBINAR on the topic Making Health and Nutrition a Priority during Covid-19 Pandemic". During this webinar Ms. Rashmi Somani (Nutritionist) was invited as a chief guest.

Ms. Pranali Aher (HOD of B.Voc FPP Dept.) gave a keynote address regarding what exactly Nutrition week is and gave additional information of all the activities conducted during this week.

Further Dr. P. V. Rasal Sir (Principal) talked about Health and mental health as well.

Further Ms. Rashmi Somani the nutritionists talked detailed about all the nutrients. Such as Carbohydrates & Fats (Energy Yielding), Proteins (Body Building), Vitamins and Minerals (Protection from infection). She also gave the importance of Fiber in the diet. She also talked about some hygienic practices to reduce the risk of Covid- 19. And at the end she completed her talk with the importance of exercise in day to day life.

At the end of the webinar, Dr. Monali Wakchaure (HOD of B.Voc. LPM Dept) gave vote of thanks to all the Principal, co-coordinator, convener, and all the participants, staff.







Maratha Vidya Prasarak Samaj's  
**G.M.D ARTS B.W. COMMERCE AND SCIENCE COLLEGE,  
SINNAR**

**WEBINAR PRESENTATION**

**ON**

**"MAKING HEALTH AND NUTRITION A PRIORITY  
DURING COVID-19 PANDEMIC"**

organised by

**Department of B.Voc  
Food Processing and Preservation**



Guest Speaker

**Rashmi Somani**  
**Nutritionist**

Webinar Platform : Google Meet  
Google Meet Link : <https://meet.google.com/pwo-sftp-xcu>  
Meeting ID : pwo-sftp-xcu

Date : 7<sup>th</sup> Sep, 2021  
Time : 1:00 pm. to 2:00 pm

**Prof. P. A. Aher**  
Convener

**Dr. M. K. Zate**  
Co-ordinator

**Dr. P.V. Rasal**  
Principal



1st Sep to 7th Sep,  
2021



REC

1:44 PM | National Nutrition Week 2021, Webinar 6...

Pratiwi Sunanda	Prasanti Sarode	Dedy Baqoni	Rahul Tambe	Mifti Wurungso	Pranati Alfar	Rupesh Dabre	alid inglis
Prof. Dr. Sunanda	Prasanti Sarode	LPM GMD	Smita Chakrap	prasad Bhaskara	Dhruvage Mishra	Mayeri Bangar	summer padhan
Ravi Ghanshyam p...	Sudhakar ganga...	Rohit Laxara	Shreyash Gurube	Vishal Shinde	Suresha Bhavakar	Harshada Andhare	Pravita Ganjani
pavan brabhad	POONAM USALE	Rishi Upas	Dr. Kishore Wagh...	Madhura Desai	Gauri Muzrak	S.V. Sathya	You

DELL

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Clinical Nutritionist & Diet Consultant

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Maratha Vidya Prasarak Samaj's

**G.M.D. Arts, B.W. Commerce and Science College Sinnar**

Tal.: Sinnar, Dist. Nashik.



Celebrating

# " NATIONAL NUTRITION WEEK 2021 "

**1st Sep. 2021 to 7th Sep. 2021**

Organised by /

**Dept. of B.Voc. Food Processing & Preservation**

## CERTIFICATE

This is to certify that **Dr. / Prof. / Mr. / Mrs.** .....

of .....has participated in the following events

Plantation  Donation Camp  Webinar organised by Dept. Food Processing & Preservation (B. Voc.)

& G.M.D. Arts, B. W. Commerce & Science College, Sinnar Nashik on 1st Sep. 2021 to 7 th Sep 2021.

*His / Her participation is highly appreciated.*

**Prof. P. A. Aher**  
Co-ordinator

**Prof. M. K. Zate**  
Convener & Nodal Officer

**Dr. P. V. Rasal**  
Principal