

# PRANALI ASHOK AHER

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## OBJECTIVES

To pursue a challenging career in an esteemed and professionally managed organization with opportunity to explore my skills as well as individual growth and personal development along with the organization

## QUALIFICATION

COURSE	SCHOOL/ COLLEGE	UNIVERSITY / BOARD	YEAR OF PASSING	GRADE/ PERCENTAGE
MSc(Nutrition And Food Processing)	SNDT College Of Home Science	SNDT WOMENS UNIVERSITY	2018-19	A+
BSc(Nutrition And Dietitics)	SMRK-BK-AK- Mahila Mahavidyalay	SNDT WOMENS UNIVERSITY	2016-17	A
HSC (Bakery And Confectionary)	SMRK-BK-AK- MAHILA MAHAVIDYALAY	SNDT WOMENS UNIVERSITY	2014	A
SSC	Navjeevan Day School	MAHARASHTRA STATE BOARD	2012	A

## SKILLS & ABILITIES

- Computer skills – power-point, word, excel
- Ability to work with team under any circumstances.
- Volunteership
- Leadership
- Self-assured.
- Focused.
- A Good Team Member.
- Have Good Communication Skills.

## CURRICULAR ACTIVITIES

- Participated in ‘**FOOD PROCESSING**’ workshop organised by Yashvantrao Chavhan Mukta Vidyapith Krishi Vidnyan Kendra, Nashik – 2016
- Participated International Level Seminar titled as **Peace Education for Good Governance and Non-Violence**, organised by International Association of Educators For world Peace UN- NGO (ECOSOC), 2016
- Participated in One day seminar on ‘**World Food Day**’ organized by Shramshakti College of Food Technology, Maldad, in collaboration with AFSTI (India) Pune Chapter, 2018

- Participated in Poster presentation on the topic '**JUNK FOOD Vs. HEALTHY FOOD**' organised by Shramshakti College of Food Technology , Maldad ,in collaboration with AFSTI (India) Pune Chapter,2018
- Participated in DuPont Nutrischolars Awards – Season 2 (Bakery Food Innovations) on the topic '**Jam Filled Muffins**' Delhi ,2018
- Prize in '**BEST FOOD LABELLING**' organized by SNTD College of Home Science Pune, 2018
- Participated in cooking competition **#JOY OF COOKING-** A Gluten free Food Product Launch,(Name of the Dish- Drumstick leaves Wadi) organised by SKYROOTS, Pune 2019
- Participated in one day Seminar “**CHOOSE WISE , EAT RIGHT**” organised by S.N.D.T College of Home Science Pune organised by (PFNDAI)
- Participated in **WOMEN ENTREPRENEURS CONCLAVE**, Virtual recipe contest titled as **Traditional Nutritional Recipes** as a part of IISF 2020, organised by Ministry of Science & Technology, Ministry of Earth Sciences , Ministry of Health and Family Welfare, Govt. Of India in collaboration with VIBHA and CSIR

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### **INTERNSHIPS**

- One month Internship in PUFFS 'n' ROLLS Bakery ,for one month, Nashik, 2013
- One month Internship in REGIONAL REFERRAL HOSPITAL, diet department,Nashik,2016
- One month Internship in NATIONAL ASSOCIATION FOR THE BLIND (NAB) adolescent girls on their Nutritional Status, Nashik,2017
- Internship in AMUL DAIRY INDUSTRY, Kaira District Co-operative Milk Producer's Union Ltd, Gujarat Anand,2018.
- Internship in SULAVINEYARDS, in Winemaking Q.C Department for a month , Nashik, 2018

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### **FOOD PRODUCT DEVELOPMENT**

**Topic:** Development, Processing, Packaging, Quality Evaluation of Gluten Free Protein Rich Instant Pancake Mix

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### **DISSERTATION**

**Topic:** Development, Processing, Packaging and Quality Evaluation of Centre Filled Muffins with Pumpkin- Apple Jam.

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### **PUBLICATIONS**

Published an Abstract Topic- **Overview of NEP 2020 in Vocational Studies: Opportunities and Challenges**, in Sovenir Cum Abstract Book of Sinnar College.

**Currently working as an Assistant Professor of Food Processing and Preservation (B.Voc) at ND MVP's G.M.D Arts B.W. Commerce and Science College, Sinnar- 422103**

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### **CO-CURRICULAR ACTIVITIES CONDUCTED IN COLLEGE**

- **Food Donation Camp** at Jogeshwari Prarthamik Ashramshala, Patolegoan, Sinner (On account of World Food Day), 2019
- **Cooking Competition** of Healthy recipes,2019
- **Conducted Industrial Visit** at Parag Milk Foods, Manchar,2019
- Worked as a guide in Science Exhibition, Model Making Competition “**Milk Processing Plant Model**”, 2019
- Conducted “**TRI-COLOUR Protein Challenge**” on account of “Republic Day Celebration” in collaboration with #itsproliciuos. 2020
- Conducted “**Online Culinary Photo Contest**” on account of World Food Day, 2020
- Conducted **One Day Seminar on –“Opportunities in Food Processing Industries”**, at Sinnar College, Nashik , 2021
- **Celebrated Nutrition Week, 2021** (conducted following events)

- ✓ **Food Donation Camp** at Lonarwadi, Angawadi Sinnar, Nashik
- ✓ **Kitchen Gardening** at College ground
- ✓ **Webinar titled as “ Making Health and Nutrition a Priority during Covid-19 Pandemic”**
- ❖ Delivered Guest Lecture on the Topic “ **Health and Hygiene**, under “Soft Skill Development Forum” run by Sinnar College, 2019
- ❖ Delivered Lecture on “ **How to Face Interview**” under Campus Interview Committee of Sinnar College, Nashik, 2021
- ❖ Delivered Lecture on “ **Health and Balanced Diet**” to the **NCC and NSS** Students at Sinnar College.
- ❖ Delivered Lecture on “International Year of Millet” to the **National Cadet Corps (Army Wing)** Students at Sinnar College.

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### **PERSONAL PROFILE**

- ◆ Name- Pranali Ashok Aher
- ◆ DOB- 13<sup>th</sup> September, 1996
- ◆ Nationality – Indian

I certify that all the above information provided is absolutely true to the best of my knowledge and belief.

Yours Faithfully,  
Ms. Pranali Ashok Aher