

**Report of organised programme/events:  
Sports  
2021-2022**



Affiliated to Savitribai Phule Pune University, Pune  
NAAC Reaccredited 'A' grade (CGPA 3.04 III Cycle)

Id. No. PU/NS/ASC/013/1969  
AISHE: C-41292

www.gmdcollege.in

Best College Awarded by SPPU 2012-13

**Internal Quality Assurance Cell (2021-22)**

sinnarcollege001@yahoo.com

### Report of Event/ Programme

<b>Name of the Department/ committee</b>	<b>Department Of Physical Education</b>		
<b>Name of the Coordinator</b>	Mr. S. D. Ingale		
<b>Title of the Event/ Programme</b>	<b>Judo (Men / Women)</b>		
<b>Date /Period of Event/ Programme</b>	7-12-2021		
<b>Objective of the event/Programme</b>	<ol style="list-style-type: none"> <li>To Enhanced the Judo sports in rural area.</li> <li>To promote Judo sport in college level students.</li> </ol>		
<b>Sponsored Agency /Institute</b>	G.M.D. Arts, Commerce and Science College, Sinnar		
No. of the Teacher involved in organizing activity-	Male : 03	Female : 00	Total : 03
No. of the Students involved in organizing activity-	Male :	Female :	Total :
<b>Total involved in organizing activity-</b>	<b>Male :</b>	<b>Female :</b>	<b>Total : 03</b>
No. of the Participant- Students	Male : 14	Female :18	Total : 32
No. of the Participant- Teachers	Male :	Female :	Total :
No. of the Participants other than Teachers/ Students	Male :	Female :	Total :
<b>Total Participants-</b>	<b>Male : 32</b>	<b>Female : 00</b>	<b>Total : 32</b>
<b>Name of the Expert /Invitee/Lecturer (With Designation, Contact, Address &amp; email etc.)</b>	Nill		
<b>Impact of extension activities in sensitizing students to social issues and holistic development. (Two lines)</b>	Nill		
<b>Outcome of the activity</b>	Nashik Zonal Weight Category wise team selected.		
<b>Expenditure (Rs) (if Any)</b>	7500/-		
<b>Venue of the Event/ Programme</b>	G.M.D. Arts, Commerce and Science College, Sinnar Department Of Physical Education.		



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### Internal Quality Assurance Cell (2021-2022)



**Director of Physical Education  
G.M.D. Arts, B.W. Commerce &  
Science College, Sinnar**



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And Science College, Sinnar



**Principal**

G. M. D. Arts, B. W. Commerce and  
Science College, Sinnar, Dist. Nashik





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**Internal Quality Assurance Cell (2021-22)**

**Report of Event/ Programme**

<b>Name of the Department/ committee</b>	<b>Department Of Physical Education</b>		
<b>Name of the Coordinator</b>	Mr. S. D. Ingale		
<b>Title of the Event/ Programme</b>	<b>Volleyball Men</b>		
<b>Date /Period of Event/ Programme</b>	7-12-2021		
<b>Objective of the event/Programme</b>	<ol style="list-style-type: none"> <li>To Enhanced the sport.</li> <li>To promote Volleyball sport in college level students.</li> </ol>		
<b>Sponsored Agency /Institute</b>	G.M.D. Arts, Commerce and Science College, Sinnar		
No. of the Teacher involved in organizing activity-	Male : 03	Female : 00	Total : 03
No. of the Students involved in organizing activity-	Male :	Female :	Total :
<b>Total involved in organizing activity-</b>	<b>Male :</b>	<b>Female :</b>	<b>Total : 03</b>
No. of the Participant- Students	Male : 217	Female :00	Total :
No. of the Participant- Teachers	Male :	Female :	Total :
No. of the Participants other than Teachers/ Students	Male :	Female :	Total :
<b>Total Participants-</b>	<b>Male : 217</b>	<b>Female : 00</b>	<b>Total : 217</b>
<b>Name of the Expert /Invitee/Lecturer (With Designation, Contact, Address &amp; email etc.)</b>	Nill		
<b>Impact of extension activities in sensitizing students to social issues and holistic development. (Two lines)</b>	Nill		
<b>Outcome of the activity</b>	Nashik Zonal Volleyball team selected.		
<b>Expenditure (Rs) (if Any)</b>	109050		
<b>Venue of the Event/ Programme</b>	G.M.D. Arts, Commerce and Science College, Sinnar Department Of Physical Education.		



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**Report of Event/ Programme**

**Photo**



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G.M.D. Arts, B.W. Commerce &  
Science College, Sinnar**



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# सिन्नरला दोन दिवस चालणार आंतर महाविद्यालयीन व्हॉलीबॉल स्पर्धा

नाशिक | दि.६ प्रतिनिधी

वरिष्ठ महाविद्यालयीन क्रीडा स्पर्धा अंतर्गत दि. ७ आणि ८ डिसेंबर रोजी सिन्नर येथील जी.एम.डी. आर्ट्स, बी.डब्ल्यू. कॉमर्स आणि सायन्स कॉलेजच्या वतीने नाशिक विभागाच्या आंतर महाविद्यालयीन मुलांच्या व्हॉलीबॉल स्पर्धांचे आयोजन करण्यात आले आहे.

या स्पर्धेमध्ये नाशिक विभागातील ४८ संघ सहभागी होणार आहेत. या स्पर्धेसाठी महाविद्यालयाच्या वतीने मैदाने तयार करण्यात आली आहे. स्पर्धांच्या आयोजनासाठी महाविद्यालयाचे प्राचार्य डॉ. पी. व्ही. रसाळ, उपप्राचार्य प्रा. आर. व्ही. पवार आणि क्रीडा संचालक



© सिन्नर येथे आयोजित आंतर महाविद्यालयीन स्पर्धेच्या क्रीडांगणाच्या तयारीचा आढावा घेतांना प्राचार्य डॉ. पी. व्ही. रसाळ, क्रीडा संचालक प्रा. रमेश. हुंगळे, प्रा. पी. के. खैरनार, व्हॉलीबॉल क्रीडा संघटक आनंद खरे, प्रा. माणिकराव गायकवाड.

प्रा. रमेश इंगळे, प्रा. पी. के. खैरनार यांच्या मार्गदर्शनाखाली या स्पर्धांची सर्व तयारी पूर्ण झाली आहे. या व्हॉलीबॉल स्पर्धांच्या तयारीची पाहणी करण्यासाठी व्हॉलीबॉलचे तांत्रिक समिती प्रमुख आनंद खरे आणि प्रा.माणिकराव गायकवाड यांनाही पाचारण करून खात्री करून घेतली. मंगळवारी सकाळी ९.३० वाजता या स्पर्धांना सुरवात होणार असून ४८ संघामधून नाशिक विभागाच्या संघाची निवड करण्यात येणार आहे. हा निवड झालेला संघ डिसेंबरच्या शेवटच्या आठवड्यात आयोजित पुणे विद्यापीठ अंतर्गत विभागीय स्पर्धेत नाशिक विभागाचे प्रतिनिधीत्व करेल, अशी माहिती प्रा. सुरेश इंगळे यांनी दिली.

*Quill*

CO-ORDINATOR  
IQAC  
G.M.D. Arts, B.W. Commerce  
And Science College, Sinnar



IQAC Coordinator

*Quill*  
Principal

G. M. D. Arts, B. W. Commerce and  
Science College, Sinnar, Dist. Nashik


Principal



**MVP Samaj's**  
**GMD Arts, B.W Commerce & Science College, Sinnar, Nashik**  
**Competitive Examination cell**  
**Activity Report Of**  
**“World Yoga Day”**  
**Department Of Physical Education & Sport**  
**21 June 2021**  
**Year 2021-2022**

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<b>Date -</b>	21 June 2021
<b>Title of the Activity (Program) -</b>	“ World Yoga Day”
<b>Organizer Department -</b>	Department Of Physical Education & Sport
<b>Coordinator -</b>	Mr. S. D. Ingale
<b>Organizing Committee Members (If any) -</b>	Mr. P. M. Khairnar Mr. G. K. Hire
<b>Aims and Objectives of the activity -</b>	International Yoga Day aims to develop the habit of meditation among youngsters so that they can enjoy more peace of mind and self-awareness, which is essential for a stress-free existence.
<b>Chief Guest/Speaker/resource person</b>	Mr. Sunil Doulatrao Aher
<b>Total Beneficiaries -</b>	Students :- 158
<b>Activity Funded by -</b>	Self

  
**Director of Physical Education**  
**G.M.D. Arts, B.W. Commerce &**  
**Science College, Sinnar**



**Report**

**GMD Arts, B.W Commerce & Science College, Sinnar, Nashik**

**Competitive Examination cell**

**Programme Report**

**On**

**“World Yoga Day”**

**21 June 2022**

As per Aayush Mantralaya, UGC, SPPU Pune University Guideline Department of Physical Education Organized International yoga day Programme in College Campus. In presence of Our College Principal Dr. P. V. Rasal the Chief Guest of this programme Yoga teacher Mr. Sunil Doulatrao Aher

Introductory speech is given by Mr. S. D. Ingale and told Yoga helps to keep the internal organs in the body to function properly by increasing the oxygen and blood flow. Proper oxygen and blood supply to all the vital organs helps to diminish the occurrence of major diseases related to the heart, lungs, kidneys and other vital organs.

On yoga day our college principal given speech on importance of yoga in our daily life Yoga practitioners believe that when a person connects with Mother Nature with both his mind and soul, he achieves a greater level of consciousness which helps him to be at peace with his surroundings. This level of consciousness would invariably lead to world peace as more and more people start practicing Yoga.

On the occasion of this programme vice principal Dr. D. M. Jadhav R. V. Pawar All Teaching and Non-teaching staff and Students overall 158 people participated the vote of thanks is given by Mr. P. M. Khairnar

  
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**Principal**  
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## PHOTOGRAPH



(Principal Dr. P. V. Rasal sir with chief guest )







**Report of organised programme/events:  
Sports  
2020-2021**



**MVP Samaj's**  
**GMD Arts, B.W Commerce & Science College, Sinnar, Nashik**  
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**Department Of Physical Education & Sport**  
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<b>Date -</b>	21 June 2020
<b>Title of the Activity (Program) -</b>	“ World Yoga Day”
<b>Organizer Department -</b>	Department Of Physical Education & Sport
<b>Coordinator -</b>	Mr. S. D. Ingale
<b>Organizing Committee Members (If any) -</b>	Mr. P. M. Khairnar Mr. G. K. Hire
<b>Aims and Objectives of the activity -</b>	International Yoga Day aims to develop the habit of meditation among youngsters so that they can enjoy more peace of mind and self-awareness, which is essential for a stress-free existence.
<b>Chief Guest/Speaker/resource person</b>	Yoga Teacher- Mr. Rajendra Nannavare Miss. Shila Nanavare
<b>Total Beneficiaries -</b>	Students :- 150
<b>Activity Funded by -</b>	Self

**Report**

**GMD Arts, B.W Commerce & Science College, Sinnar, Nashik**

**Competitive Examination cell**

**Programme Report**

**On**

**“World Yoga Day”**

**21 June 2020**

As per Aayush Mantralaya, UGC, SPPU Pune University Guideline Department of Physical Education Organized International yoga day Programme in College Campus. In presence of Our College Principal Dr. P. V. Rasal the Chief Guest of this programme Yoga teacher Mr. Rajendra Nannavare Miss. Shila Nanavare The programme starts with Saraswati Pujan,

Introductory speech is given by Mr. S. D. Ingale and told Yoga helps to keep the internal organs in the body to function properly by increasing the oxygen and blood flow. Proper oxygen and blood supply to all the vital organs helps to diminish the occurrence of major diseases related to the heart, lungs, kidneys and other vital organs.

The programme Chief Guest Mr. Rajendra Nannavare Miss. Shila Nanavare. Teach us Padmasana, Simhasana, The Butterfly, Kapalbhathipranayama,, Anulomvilompranayama, Surya bhedi pranayama, Chandra bhedi pranayama and also tell us about Practicing yoga would lead to stronger bonds between people from different background, irrespective of caste, religion or language barriers. It would help to promote the feeling of communal harmony and create a conjugal atmosphere for global peace.

On the occasion of yoga day our college principal given speech on importance of yoga in our daily life Yoga practitioners believe that when a person connects with Mother Nature with both his mind and soul, he achieves a greater level of consciousness which helps him to be at peace with his surroundings. This level of consciousness would invariably lead to world peace as more and more people start practicing Yoga.

On the occasion of this programme vice principal Dr. D. M. Jadhav R. V. Pawar All Teaching and Non-teaching staff and Students overall 158 people participated the vote of thanks is given by Mr. P. M. Khairnar

# PHOTOGRAPH







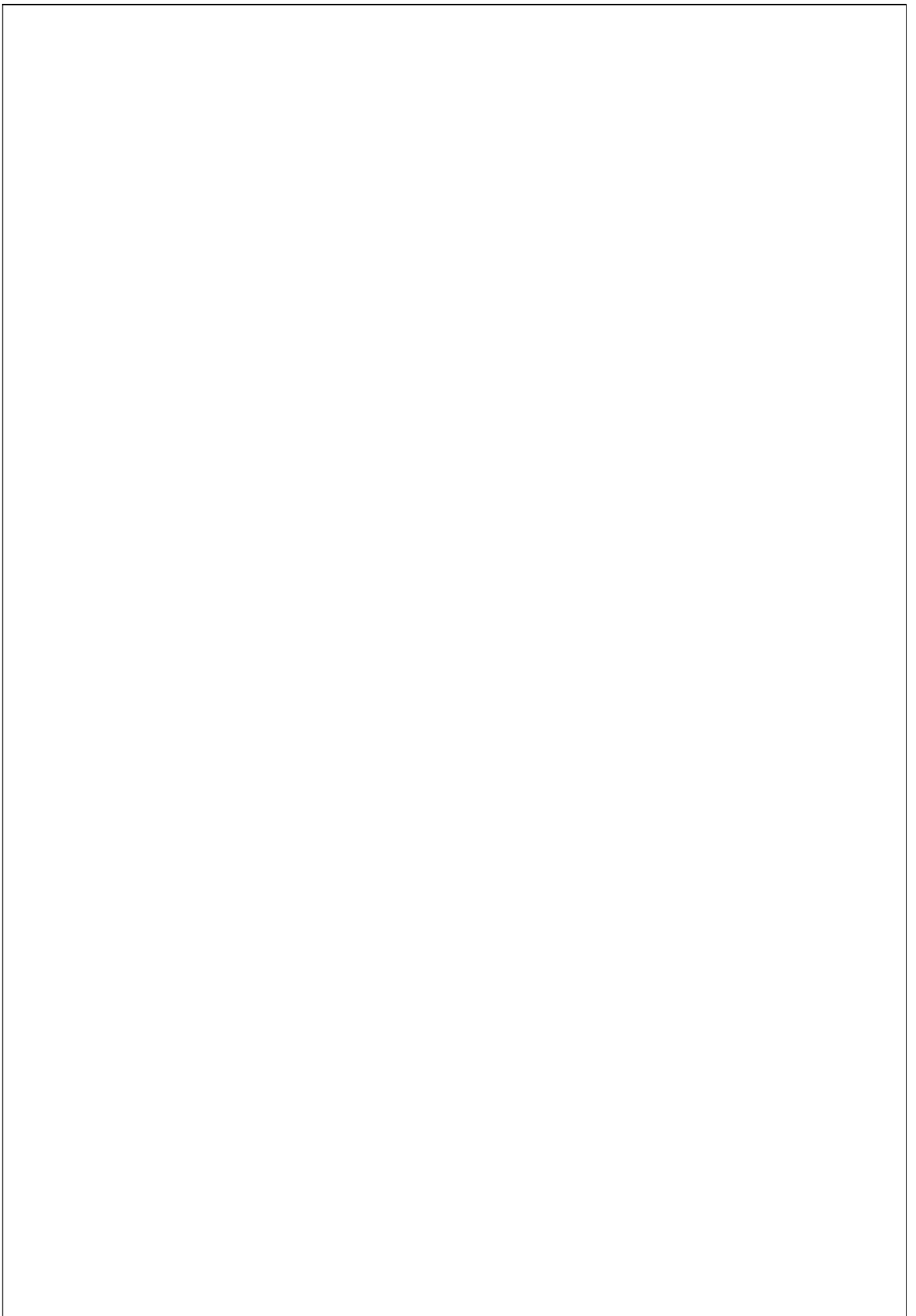
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Science College, Sinnar

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**Principal**  
G. M. D. Arts, B. W. Commerce and  
Science College, Sinnar, Dist. Nashik





**Report of organised programme/events:  
Sports  
2019-2020**



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### Internal Quality Assurance Cell (2019-20)

#### Report of Event/ Programme

Name of the Department/ committee	Department Of Physical Education		
Name of the Coordinator	Dr. L. S. Kandalkar		
Title of the Event/ Programme	Boxing Men Women		
Date /Period of Event/ Programme	27-11-2019		
Objective of the event/Programme	1. To Enhanced the sport. 2. To promote Boxing sport in college level students.		
Sponsored Agency /Institute	G.M.D. Arts, Commerce and Science College, Sinnar		
No. of the Teacher involved in organizing activity-	Male : 03	Female : 00	Total : 03
No. of the Students involved in organizing activity-	Male :	Female :	Total :
<b>Total involved in organizing activity-</b>	<b>Male :</b>	<b>Female :</b>	<b>Total : 03</b>
No. of the Participant- Students	Male : 55	Female :45	Total : 100
No. of the Participant- Teachers	Male :	Female :	Total :
No. of the Participants other than Teachers/ Students	Male :	Female :	Total :
<b>Total Participants-</b>	<b>Male : 55</b>	<b>Female : 45</b>	<b>Total : 100</b>
Name of the Expert /Invitee/Lecturer (With Designation, Contact, Address & email etc.)	Nill		
Impact of extension activities in sensitizing students to social issues and holistic development. (Two lines)	Nill		
Outcome of the activity	All women boxer Nashik district selected All men boxer Nashik district selected		
Expenditure (Rs) (if Any)	8000		
Venue of the Event/ Programme	G.M.D. Arts, Commerce and Science College, Sinnar dept of gymkhana		



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**Internal Quality Assurance Cell (2019-2020)**

**Report of Event/ Programme**

**Photo**





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## आंतरमहाविद्यालयीन बॉक्सिंग स्पर्धा

लोकमत न्यूज नेटवर्क

सिन्नर : नाशिक जिल्हा क्रीडा समितीअंतर्गत मुले व मुलींच्या आंतरमहाविद्यालयीन बॉक्सिंग स्पर्धा सिन्नर महाविद्यालयात उत्साहात पार पडल्या.

स्पर्धेचे उद्घाटन मविप्रचे संचालक नानासाहेब महाले यांच्या हस्ते करण्यात आले. यावेळी प्रमुख अतिथी म्हणून कापडणीस, प्राचार्य डॉ. दिलीप शिंदे, उपप्राचार्य आर.व्ही. पवार, प्रा. वसंतराव बडवर, विभागाचे सचिव डॉ. दीपक जुंझे, डॉ. मुल्ला दत्तरे व्यासपीठावर उपस्थित होते. सावित्रीबाई फुले पुणे विद्यापीठ व नाशिक जिल्हा क्रीडा



सिन्नर महाविद्यालयात आंतरमहाविद्यालयीन बॉक्सिंग स्पर्धेचे उद्घाटन करताना मविप्रचे संचालक नानासाहेब महाले. समवेत प्राचार्य डॉ. दिलीप शिंदे, आर.व्ही. पवार, वसंतराव बडवर, दीपक जुंझे, मुल्ला दत्तरे, कापडणीस आदी.

समितीअंतर्गत आंतरमहाविद्यालयीन बॉक्सिंग मुले व मुली स्पर्धा घेण्यात आल्या. नाशिक जिल्हातील ४५ महाविद्यालयांतील खेळाडूंनी या स्पर्धेत भाग घेतला होता. या स्पर्धेतून सावित्रीबाई फुले पुणे विद्यापीठ

आंतरमहाविद्यालयीन स्पर्धेसाठी संघ नियडला गेला. या स्पर्धेसाठी एकूण १९ मुले व १९ मुली स्पर्धकांची नियड झाली.

प्रत्येकी वहा वजनी गटात या स्पर्धा झाल्या. प्रत्येक गटातील विजेत्या व उपविजेत्या खेळाडूंची बीजेएस महाविद्यालय याचोली, पुणे येथे होणाऱ्या स्पर्धेसाठी नियड झाली. स्पर्धा यशस्वीतेसाठी प्रा. दिलीप लोंडे, तैसिक मिर्झा, संतोष पवार, योगेश शिंदे, तेलुरे, दीपक मोरे, प्रा. पी. एस. खैतार, प्रा. गोपाळ हिरे आदींनी प्रयत्न केले. स्पर्धेचे आयोजन सचिव म्हणून प्राध्यापक एल.एस. कांदळकर यांनी काम पाहिले.

## आंतरमहाविद्यालयीन बॉक्सिंग स्पर्धा

लोकमत न्यूज नेटवर्क

सिन्नर : नाशिक जिल्हा क्रीडा समितीअंतर्गत मुले व मुलींच्या आंतरमहाविद्यालयीन बॉक्सिंग स्पर्धा सिन्नर महाविद्यालयात उत्साहात पार पडल्या.

स्पर्धेचे उद्घाटन मविप्रचे संचालक नानासाहेब महाले यांच्या हस्ते करण्यात आले. यावेळी प्रमुख अतिथी म्हणून कापडणीस, प्राचार्य डॉ. दिलीप शिंदे, उपप्राचार्य आर.व्ही. पवार, प्रा. वसंतराव बडवर, विभागाचे सचिव डॉ. दीपक जुंझे, डॉ. मुल्ला दत्तरे व्यासपीठावर उपस्थित होते. सावित्रीबाई फुले पुणे विद्यापीठ व नाशिक जिल्हा क्रीडा



सिन्नर महाविद्यालयात आंतरमहाविद्यालयीन बॉक्सिंग स्पर्धेचे उद्घाटन करताना मविप्रचे संचालक नानासाहेब महाले. समवेत प्राचार्य डॉ. दिलीप शिंदे, आर.व्ही. पवार, वसंतराव बडवर, दीपक जुंझे, मुल्ला दत्तरे, कापडणीस आदी.

समितीअंतर्गत आंतरमहाविद्यालयीन बॉक्सिंग मुले व मुली स्पर्धा घेण्यात आल्या. नाशिक जिल्हातील ४५ महाविद्यालयांतील खेळाडूंनी या स्पर्धेत भाग घेतला होता. या स्पर्धेतून सावित्रीबाई फुले पुणे विद्यापीठ

आंतरमहाविद्यालयीन स्पर्धेसाठी संघ नियडला गेला. या स्पर्धेसाठी एकूण १९ मुले व १९ मुली स्पर्धकांची नियड झाली.

प्रत्येकी वहा वजनी गटात या स्पर्धा झाल्या. प्रत्येक गटातील विजेत्या व उपविजेत्या खेळाडूंची बीजेएस महाविद्यालय याचोली, पुणे येथे होणाऱ्या स्पर्धेसाठी नियड झाली. स्पर्धा यशस्वीतेसाठी प्रा. दिलीप लोंडे, तैसिक मिर्झा, संतोष पवार, योगेश शिंदे, तेलुरे, दीपक मोरे, प्रा. पी. एस. खैतार, प्रा. गोपाळ हिरे आदींनी प्रयत्न केले. स्पर्धेचे आयोजन सचिव म्हणून प्राध्यापक एल.एस. कांदळकर यांनी काम पाहिले.

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### Internal Quality Assurance Cell (2019-20)

#### Report of Event/ Programme

<b>Name of the Department/ committee</b>	<b>Department Of Physical Education</b>		
<b>Name of the Coordinator</b>	Dr. L. S. Kandalkar		
<b>Title of the Event/ Programme</b>	<b>Cycling Men Women</b>		
<b>Date /Period of Event/ Programme</b>	11-11-2019		
<b>Objective of the event/Programme</b>	1. To Enhanced the sport. 2. To promote cycling sport in college level students.		
<b>Sponsored Agency /Institute</b>	G.M.D. Arts, Commerce and Science College, Sinnar		
No. of the Teacher involved in organizing activity-	Male : 03	Female : 00	Total : 03
No. of the Students involved in organizing activity-	Male :	Female :	Total :
<b>Total involved in organizing activity-</b>	<b>Male :</b>	<b>Female :</b>	<b>Total : 03</b>
No. of the Participant- Students	Male : 11	Female : 11	Total : 22
No. of the Participant- Teachers	Male :	Female :	Total :
No. of the Participants other than Teachers/ Students	Male :	Female :	Total :
<b>Total Participants-</b>	<b>Male :</b>	<b>Female :</b>	<b>Total : 22</b>
<b>Name of the Expert /Invitee/Lecturer (With Designation, Contact, Address &amp; email etc.)</b>	Nill		
<b>Impact of extension activities in sensitizing students to social issues and holistic development. (Two lines)</b>	Nill		
<b>Outcome of the activity</b>	6 player women selected in Nashik Zonal team 6 player men selected in Nashik Zonal team		
<b>Expenditure (Rs) (if Any)</b>	8000		
<b>Venue of the Event/ Programme</b>	G.M.D. Arts, Commerce and Science College, Sinnar dept of gymkhana		



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**Internal Quality Assurance Cell (2019-2020)**

**Report of Event/ Programme**

Photo



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**Maratha Vidya Prasarak Samaj Nashik.**  
**G.M.D. Arts, B.W. Commerce and Science College, Sinnar.**  
**Programme Report**

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**Name of Department / Committee** : Department of Physical Education & Sport

**Name of the Event** : Fit India Rally

**Occasion** : Fit India Movement

**Coordinator of the Event** : Mr.Kandalkar I.S

**Date(s)** : 29 August 2019

**Level** : N.A

**Chief Guest** : -

**Participant Group** : 100  
(Students, Faculty, Staff, Society, Parents, Alumni, Other)

**Total Participant** : **Total: 100**  
**M: 80**  
**F: 20**

**Director of Physical Education**  
**G.M.D. Arts, B.W. Commerce &**  
**Science College, Sinnar**

Photographs



(GMD, Arts BW, Commerce & Science College Organised Fit India Rally)

*Quail*

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*Quail*  
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### Internal Quality Assurance Cell (2019-20)

#### Report of Event/ Programme

<b>Name of the Department/ committee</b>	<b>Department Of Physical Education</b>		
<b>Name of the Coordinator</b>	Dr. L. S. Kandalkar		
<b>Title of the Event/ Programme</b>	<b>Volleyball Men</b>		
<b>Date /Period of Event/ Programme</b>	27-11-2019		
<b>Objective of the event/Programme</b>	1. To Enhanced the sport. 2. To promote Vollyball sport in college level students.		
<b>Sponsored Agency /Institute</b>	G.M.D. Arts, Commerce and Science College, Sinnar		
No. of the Teacher involved in organizing activity-	Male : 03	Female : 00	Total : 03
No. of the Students involved in organizing activity-	Male :	Female :	Total :
<b>Total involved in organizing activity-</b>	<b>Male :</b>	<b>Female :</b>	<b>Total : 03</b>
No. of the Participant- Students	Male : 456	Female :00	Total : 456
No. of the Participant- Teachers	Male :	Female :	Total :
No. of the Participants other than Teachers/ Students	Male :	Female :	Total :
<b>Total Participants-</b>	<b>Male : 456</b>	<b>Female : 00</b>	<b>Total : 456</b>
<b>Name of the Expert /Invitee/Lecturer (With Designation, Contact, Address &amp; email etc.)</b>	Nill		
<b>Impact of extension activities in sensitizing students to social issues and holistic development. (Two lines)</b>	Nill		
<b>Outcome of the activity</b>	Nashik Zonal Volleyball team selected.		
<b>Expenditure (Rs) (if Any)</b>	31456		
<b>Venue of the Event/ Programme</b>	G.M.D. Arts, Commerce and Science College, Sinnar dept of gymkhana		





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**Internal Quality Assurance Cell (2019-2020)**

**Report of Event/ Programme**

**Photo**





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सिन्नर महाविद्यालयात व्हॉलीबॉल स्पर्धेच्या उद्घाटन कार्यक्रमात बोलतांना मधिप्रचे संचालक हेमंत वाजे. व्यासपीठावर कुण्याजी भगत, डॉ. दिलीप शिंदे, डॉ. दीपक जुंढे, डॉ. सुरेखा दत्तरे आदी.

## सिन्नरला व्हॉलीबॉल स्पर्धा उत्साहात

सिन्नर : नाशिक जिल्हा क्रीडा समिती अंतर्गत वेदील सिन्नर महाविद्यालयात व्हॉलीबॉल स्पर्धा उत्साहात पार पडल्या.

दोन दिवस झालेल्या मुलांच्या व्हॉलीबॉल स्पर्धेमध्ये ४३ संघांनी सहभाग घेतला होता. स्पर्धेचे उद्घाटन मधिप्रचे संचालक हेमंत वाजे यांच्या हस्ते करण्यात आले. व्यासपीठावर सिन्नर वाचनालयाचे अध्यक्ष कुण्याजी भगत, प्राचार्य डॉ. दिलीप शिंदे, डॉ. दीपक जुंढे, डॉ. सुरेखा दत्तरे आदी मान्यवर उपस्थित होते.

सुचकांना शारीरिक सुदृढता

वाढविण्यासाठी विविध स्पर्धांमध्ये सहभागी होण्याबाबत हेमंत वाजे यांनी मार्गदर्शन केले. क्रीडा क्षेत्रात कठिणतेच्या संधी खूप असल्याने या क्षेत्रात सहभाग घेऊन स्वतःबरोबरच नाशिक जिल्हाचे नावही उज्वल करावे, असे आवाहन वाजे यांनी केले. प्राचार्य डॉ. दिलीप शिंदे यांनी सर्व संघांमध्ये स्वागत केले. खेळाडू, पंच यांचे स्वागत केले. आपल्या मनोगतात त्यांनी व्यक्तीच्या जीवनात खेळाचे महत्व पटवून दिले.

खेळ हा व्यक्तीच्या जीवनामध्ये महत्त्वाचा घटक असून, खेळापुढे नेतृत्व,

समायोजन व राष्ट्रीय एकतासाठी वाढीस उपयोग होतो असे त्यांनी स्पष्ट केले. कार्यक्रमाचे सूत्रसंचालन प्रा. एन. एस. कांडेकर यांनी केले. प्रा. पी.एन. खेळार यांनी आभार मानले. स्पर्धा यशस्वीतेसाठी प्रा. तीक्ष्ण मिडगां, स्वप्नील कर्पे, नितीन अहिराव, दिलीप लोंढे, तानाजी कांडेकर, राजेंद्र तेलुरे, पंच व महाविद्यालयाच्या स्वयंसेवकांनी प्रयत्न केले. या स्पर्धेचा अंतिम खेळ करजाळी महाविद्यालय विरुद्ध सी.बी.सी. महाविद्यालय नाशिकरोड यांच्यात झाला. विजेतेपद करजाळी महाविद्यालयाने पटकाविले.

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**Report of organised programme/events:  
Sports  
2018-2019**



**Maratha Vidya Prasarak Samaj Nashik.**  
**G.M.D. Arts, B.W. Commerce and Science College, Sinnar.**

**Programme Report**

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<b>Name of Department / Committee</b>	<b>:</b>	<b>Department Of Physical Education &amp; Sport</b>
<b>Name of the Event</b>	<b>:</b>	<b>Sport Day &amp; Blood Donation Camp</b>
<b>Occasion</b>	<b>:</b>	<b>National Sport Day</b>
<b>Coordinator of the Event</b>	<b>:</b>	<b>Mr.Kandalkar I.S</b>
<b>Date(s)</b>	<b>:</b>	<b>29th August 2018</b>
<b>Level</b>	<b>:</b>	<b>N.A</b>
<b>Chief Guest</b>	<b>:</b>	<b>-</b>
<b>Participant Group</b> (Students, Faculty, Staff, Society, Parents, Alumni, Other)	<b>:</b>	<b>25</b>
<b>Total Participant</b>	<b>:</b>	<b>Total: 20</b> <b>M: 15</b> <b>F: 10</b>

**India celebrates National Sports Day on 29th August to commemorate the birth anniversary of hockey legend, Major Dhyan Chand. The day is also dedicated to the nations' sports heroes and champions, honoring their contribution and dedication towards bringing laurels to the country. With the aim to raise awareness about the values of sports: discipline, perseverance, sportsman spirit, teamwork, and to encourage public in large to take up sports and make it an integral part of their lives while emphasizing on the importance of being fit and healthy. On this Day GMD Arts, BW Commerce & Science College Organised Blood Donation Camp**



Photographs



(Photographs of blood donation camp organised on occasion of Sport day)

**Director of Physical Education**  
G.M.D. Arts, B.W. Commerce &  
Science College, Sinnar

**CO-ORDINATOR**  
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Science College, Sinnar, Dist.Nashik





**Maratha Vidya Prasarak Samaj Nashik.**  
**G.M.D. Arts, B.W. Commerce and Science College, Sinnar.**  
**Programme Report**

---

**Name of Department / Committee** : Department Of Physical Education & Sport

**Name of the Event** : Handball Women Tournament

**Occasion** : Handball Women Tournament

**Coordinator of the Event** : Mr.Kandalkar I.S

**Date(s)** : 15 to 20 February 2019

**Level** : Inter Zonal All India

**Chief Guest** : -

**Participant Group** : 20  
(Students, Faculty, Staff, Society, Parents, Alumni, Other)

**Total Participant** : Total: 80  
M: 00  
F: 80 participant

**Director of Physical Education**  
**G.M.D. Arts, B.W. Commerce &**  
**Science College, Sinnar**

Photographs



**(Interzonal Handball Women team Winner)**

*[Handwritten Signature]*

**CO-ORDINATOR**  
IQAC  
G.M.D. Arts, B.W. Commerce  
And Science College, Sinnar



*[Handwritten Signature]*

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Science College, Sinnar, Dist. Nashik



**Maratha Vidya Prasarak Samaj Nashik.**  
**G.M.D. Arts, B.W. Commerce and Science College, Sinnar.**  
**Programme Report**

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<b>Name of Department / Committee</b>	: Department Of Physical Education & Sport
<b>Name of the Event</b>	: Olympic Day Run
<b>Occasion</b>	: Olympic Day Run
<b>Coordinator of the Event</b>	: Mr.Kandalkar I.S
<b>Date(s)</b>	: 23 June 2018
<b>Level</b>	: N.A
<b>Chief Guest</b>	: -
<b>Participant Group</b>	: 23
(Students, Faculty, Staff, Society, Parents, Alumni, Other)	
<b>Total Participant</b>	: Total: 23 M: 23 F: 00

The Olympic Day Run can be considered as the core activity of Olympic Day. First launched in 1987, it has been organised by NOCs to celebrate Olympic Day and promote the practice of mass sport. From 45 participating NOCs in the first edition in 1987, the numbers have grown to more than 150 participating NOCs.

**Director of Physical Education**  
**G.M.D. Arts, B.W. Commerce &**  
**Science College, Sinnar**

**Photographs**



**(World Olympic day Run)**

*[Handwritten Signature]*

**CO-ORDINATOR**  
IQAC  
G.M.D. Arts, B.W. Commerce  
And Science College, Sinnar



*[Handwritten Signature]*

**Principal**  
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Science College, Sinnar, Dist. Nashik



**Maratha Vidya Prasarak Samaj Nashik.**  
**G.M.D. Arts, B.W. Commerce and Science College, Sinnar.**  
**Programme Report**

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**Name of Department / Committee** : Department Of Physical Education & Sport

**Name of the Event** : Yoga day

**Occasion** : International Yoga day

**Coordinator of the Event** : Mr.Kandalkar I.S

**Date(s)** : 21 June 2018

**Level** : N.A

**Chief Guest** : -

**Participant Group** : 80  
(Students, Faculty, Staff, Society, Parents, Alumni, Other)

**Total Participant** : Total: 80  
M: 50  
F: 30

**Director of Physical Education**  
**G.M.D. Arts, B.W. Commerce &**  
**Science College, Sinnar**



Photographs



(GMD, Arts BW, Commerce & Science College Organised Yoga Day)

*Prasad*

**CO-ORDINATOR**  
IQAC  
G.M.D. Arts, B.W. Commerce  
And Science College, Sinnar



*Prasad*

**Principal**  
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**Report of organised programme/events:  
Sports  
2017-2018**



**Maratha Vidya Prasarak Samaj Nashik.**  
**G.M.D. Arts, B.W. Commerce and Science College, Sinnar.**

**Programme Report**

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<b>Name of Department / Committee</b>	<b>:</b>	<b>Department Of Physical Education &amp; Sport</b>
<b>Name of the Event</b>	<b>:</b>	<b>Sport Day &amp; Blood Donation Camp</b>
<b>Occasion</b>	<b>:</b>	<b>National Sport Day</b>
<b>Coordinator of the Event</b>	<b>:</b>	<b>Mr.Kandalkar I.S</b>
<b>Date(s)</b>	<b>:</b>	<b>29th August 2017</b>
<b>Level</b>	<b>:</b>	<b>N.A</b>
<b>Chief Guest</b>	<b>:</b>	<b>-</b>
<b>Participant Group</b>	<b>:</b>	<b>20</b>
(Students, Faculty, Staff, Society, Parents, Alumni, Other)		
<b>Total Participant</b>	<b>:</b>	<b>Total: 20</b>
		<b>M: 15</b>
		<b>F: 05</b>

**India celebrates National Sports Day on 29th August to commemorate the birth anniversary of hockey legend, Major Dhyan Chand. The day is also dedicated to the nations' sports heroes and champions, honoring their contribution and dedication towards bringing laurels to the country. With the aim to raise awareness about the values of sports: discipline, perseverance, sportsman spirit, teamwork, and to encourage public in large to take up sports and make it an integral part of their lives while emphasizing on the importance of being fit and healthy. On this Day GMD Arts, BW Commerce & Science College Organised Blood Donation Camp**

Photographs



( photographs of blood donation camp organised on occasion of Sport day)

**Director of Physical Education  
G.M.D. Arts, B.W. Commerce &  
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**CO-ORDINATOR  
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**Principal  
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