



**Maratha Vidya Prasarak Samaj**

**G. M. D. Arts, B. W. Commerce and Science College, Sinnar, Dist. Nashik**

**Affiliated to Savitribai Phule Pune University, Pune**

**Id.No.PU/NS/ASC/013/1969**

**Best College Awarded by SPPU2012-13**

**AISHE:C-41292**

**www.gmdcollege.in**

**ISO 9001:2015 Certified College**

**sinnarcollege001@yahoo.com**

## **INTERNAL QUALITY ASSURANCE CELL**

### **CRITERION 3: RESEARCH, INNOVATIONS AND EXTENSION**

#### **3.4.1 Outcomes of Extension Activities in the neighborhood community**



**Extension Activities in terms of impact and sensitizing the students to social issues for their holistic development**



Maratha Vidya Prasarak Samaj's  
**G.M.D. Arts, B.W. Commerce  
& Science College, Sinnar**

Tal. Sinnar, Dist. Nashik - 422 103 (M.S.) INDIA

Best College Award by Savitribai  
Phule Pune University 2012-13

**Dr. P. V. Rasal**

(M.A., LL.B., Ph.D.)

Member : B.O.S. (Psychology)

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Affiliated to Savitribai Phule Pune

University ID No. : PU/NS/ASC/013/(1969)

Junior College No. J.13.13.001

HTE Sevaarth ID - 06220100119\_AST AISHE - C - 41292

Ref. No. 537/2023-24

Date : 13/07/2023

### DECLARATION

This is to declare that the information, reports, true copies of the supporting documents, numerical data, provided links, institutional data, photographs etc. submitted/presented herewith is verified by Internal Quality Assurance Cell (IQAC) of this college and is correct as per the records. This declaration is for the purpose of NAAC accreditation of HEI for the 4<sup>th</sup> Cycle during the period from 2017-2018 to 2021-2022.

Date: 13/07/2023

Place: Sinnar

Dr. C. E. Gurule  
Coordinator, IQAC  
Co-ordinator  
IQAC

G. M. D. Arts, B.W. Commerce & Science  
College, Sinnar, Dist. Nashik 422103



Dr. P. V. Rasal  
Chairman, IQAC and Principal

**PRINCIPAL**  
G.M.D.Arts, B.W.Commerce and  
Science College, Sinnar,Dist.Nashik



## **Internal Quality Assurance Cell**

### **Extension activities for neighborhood community, sensitizing students to social issues, for their holistic development**

#### **National Social Services (NSS)**

Maratha Vidya Prasarak Samaj's G. M. D. Arts, B. W. Commerce and Science College have a National Service Scheme Department with 250 volunteers. National Service Scheme Department of the college organizes various social activities for volunteers every year. Regular activities and extension activities are conducted in national service scheme department. Regular activities are decided by the university. National service scheme also take activities decided by the college and Maratha Vidya Prasarak Samaj Sanstha. The following activities are carried out in extension activities. The national service scheme celebrated Tree Plantation Week from 1st July to 7th July every year. Under this activity, trees are planted in the adopted village, historical place and college premises. The cleanliness drive is being conducted from 1st August to 15th August every year. Cleanliness campaign is carried out in the adopted village and college area. Dodi Rural Hospital and National Service Scheme Department conducts health checkup camp every year. In this camp, students' hemoglobin, mouth cancer, blood pressure and sugar are checked. Rally is organized on the occasion of Constitution Day of India. Rally is organized on the occasion of AIDS Day. Public awareness is created by giving slogans on AIDS awareness. Also a lecture by Sinnar Taluka Health Officer is organized in this activity. World Voter's Day is celebrated on 25 January. On this occasion Voter awareness rally is also organized by national service scheme. Such activities are implemented every year through National Service Scheme. Along with this, volunteers and program officers of National Service Scheme actively participate in the camps organized by various colleges and University.

#### **Vision:**

**'NOT ME BUT YOU'**

#### **Objectives:**

To enable the students to understand the community in which they work.

To understand themselves in relation to their community.

To identify the needs and problems of the community and the solution of them.

To develop competence required for group living and sharing responsibilities.

To acquire leadership qualities and democratic attitude.

To encourage national integration and develop the capacity to meet emergencies and national disasters.

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### **Committee of National Service Scheme**

1. Dr P. V. Rasal - **Chairman**
2. Mr. Kardak S. B. - **Programme Officer**
3. Mr. Kalaskar L. A.- **Member**
4. Mrs. Bhangare J. J.- **Member**

### **Activities under NSS:**

#### **Cleanliness in Winter Camp**





### Tree Plantation



### Yoga Day Celebration





### Shramdaan by NSS volunteer



### Water Conservation in collaboration with Pani Foundation





## 1) National Cadet Corps (NCC)

The college has a NATIONAL CADET CORPS (ARMY WING) department with 110 cadets. Out of 110 cadets 74 SD (Senior Division-Boys) cadets and 36 SW (Senior Wing-Girls) cadets are involved in the NCC activities. NATIONAL CADET CORPS (ARMY WING) works under the 7 Maharashtra Battalion NCC, Nashik. Mumbai 'B' Group of Maharashtra Directorate controls the unit 7 Maharashtra Battalion NCC, Nashik. Directorate General of NCC (DG) conducts National Level camps through various directorates. Cadets have opportunities to participate in the National Level and International Level Camps. Cadets participate in the COMBINED Annual Training Camps (CATC), Thal Sena Camp (TSC), Army Attachment Camps (AAC), All India Trekking Camp Expedition (AITCE), Rock Climbing Training Camp (RCTC), Ek Bharat, Shreshtha Bharat Camp (EBSB), White Water Rafting Camp (WWRC), Basic Leadership Camp (BLC), Advanced Leadership Camp (ALC), Republic Day Camp (RDC). Institutional training is conducted by Associate NCC Officer (ANO) through the common syllabus teaching. Specialized subject with weapon handling is taught by Permanent Instructors (PI) Staff of Battalion on regular visit to the college, NCC cadets. NCC is a three year continuously training activities at the institution level including various camps. First year cadets have not any exam at beginning year in the NCC. Second year cadets are eligible for 'B' Certificate Exam with one attended Annual Training Camp. Third year NCC cadets are eligible for 'C' Certificate Exam with two CATC camps. National level camps give bonus marks to NCC Cadets. NCC as an elective subject is introduced by the SAVITRIBAI PHULE PUNE UNIVERSITY, Pune for first year students of Under graduate level who is selected as the NCC cadet.

### AIM OF NCC

- To Develop Character, Comradeship, Discipline, Leadership, Secular Outlook, Spirit of Adventure, and Ideals of Selfless Service amongst the Youth of the Country.
- To Create a Human Resource of Organized, Trained and Motivated Youth, To Provide Leadership in all Walks of life and be Always Available for the Service of the Nation.
- To Provide a Suitable Environment to Motivate the Youth to Take Up a Career in the Armed Forces.

### MOTTO of NCC

**“Unity and Discipline”**

### CORE VALUES

The NCC is a responsive, learning and continuously evolving organization. Its activity is guided by certain **Core Values** that we endeavor to instill among all ranks of the NCC.

These include the following:

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- a) A sense of patriotic commitment to encourage cadets to contribute to national development.
- b) Respect for diversities in religion, language, culture, ethnicity, life style and habitat to instill a sense of National unity and social cohesion.
- c) Abiding commitment to learn and adhere to the norms and values enshrined in the Indian Constitution.
- d) Understanding the value of a just and impartial exercise of authority.
- e) Ability to participate in community development and other social programme.
- f) A healthy life style free of substance abuse and other unhealthy practices.
- g) Sensitivity to the needs of poor and socially disadvantaged fellow citizens.
- h) Inculcating habits of restraint and self-awareness.
- i) Understanding the values of honesty, truthfulness, self-sacrifice, perseverance and hard work.
- j) Respect for knowledge, wisdom and the power of ideas.

#### **PLEDGE:**

'WE THE CADETS OF THE NATIONAL CADET CORPS, DO SOLEMNLY PLEDGE THAT WE SHALL ALWAYS UPHOLD THE UNITY OF INDIA. WE RESOLVE TO BE DISCIPLINED AND RESPONSIBLE CITIZEN OF OUR NATION. WE SHALL UNDERTAKE POSITIVE COMMUNITY SERVICE IN THE SPIRIT OF SELFLESSNESS AND CONCERN FOR OUR FELLOW BEINGS.'

#### **NCC FLAG**



The three colours in the flag depict the three services of the Corps, red for the Army, deep blue for the Navy and light blue for the Air Force. The letters NCC and the NCC crest in gold in the middle of the flag encircled by a wreath of lotus, give the flag a colourful look and a distinct identity.

#### **NCC SONG:**

Hum Sab Bharatiya Hain, Hum Sab Bharatiya Hain  
Apni Manzil Ek Hai,  
Ha, Ha, Ha, Ek Hai,  
Ho, Ho, Ho, Ek Hai.  
Hum Sab Bharatiya Hain.  
Kashmir Ki Dharti Rani Hai,  
Sartaj Himalaya Hai,  
Saadiyon Se Humne Isko Apne Khoon Se Pala Hai  
Desh Ki Raksha Ki Khatir Hum Shamshir Utha Lenge,

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Hum Shamshir Utha Lenge.  
Bikhre Bikhre Taare Hain Hum Lekin Jhilmil Ek Hai,  
Ha, Ha, Ha, Ek Hai  
Hum Sab Bharatiya Hai.  
Mandir Gurudwaare Bhi Hain Yahan  
Aur Masjid Bhi Hai Yahan  
Girija Ka Hai Ghariyaal Kahin  
Mullah ki Kahin Hai Ajaan  
Ek Hee Apna Ram Hain, Ek hi Allah Taala Hai,  
Ek Hee Allah Taala Hain, Raang Birange Deepak Hain Hum,  
lekin Jagmag Ek Hai, Ha Ha Ha Ek Hai, Ho Ho Ho Ek Hai.  
Hum Sab Bharatiya Hain, Hum Sab Bharatiya Hain.

#### **Committee of NATIONAL CADET COPRS (ARMY WING)**

1. Dr. P.V. Rasal, **Chairman**
2. Lt. Sandeep Balasaheb Bhise, **ANO**

#### **Activities of NATIONAL CADET COPRS (ARMY WING):**

- International Day Of Yoga
- Swachha Bharat Campaign
- Independence Day Parade
- Statue Cleaning Activity
- Puneet Sagar Abhiyan
- Treep Plantation
- Vijay Din
- Surgical Strike Day
- Blood Donation
- NCC Day Celebration
- Army Day
- World Water Day
- Republic Day Parade

#### **BLOOD DONATION CAMP**





**Puneet Sagar Abhiyan (Plastics collection from water Saradwadi Dam, Sinnar)**





**Plantation: Col Alok Kumar Singh, CO 7 MAH BN NCC, Nashik**



### Yoga Camp





## **2) Rover Ranger**

Rover Ranger is an social activity which is run in this college, under this program societal services are provided to Needy, Bharat scout guide Nashik division is governing body of Rover Ranger Unit. Rover means a boy Ranjer means a girl giving social services to the society. No any funds are given by government to the unit hence the unit is self -financed. Rover Ranger makes self-contribution from their pocket and do the social welfare events. This Unit is effectively running from 2021-2022

### **Objectives:**

- To create discipline among the students
- To develop moral properties towards society
- To create awareness toward environment and its related issues.
- To create social awareness

### **Benefits:**

- Helps in all round development of the personality of the youth
- Develop good manners and ideals of disciplined living
- Consideration for Govt Jobs (Awardees of Rajya Puraskar and Rashtrapathi Puraskar)
- Awarding marks as per the guidelines of University

### **Activities:**

- Discipline Awareness about traffic signals and road safety
  - Tree plantation
  - Cleanliness
  - Regular parade
  - Exercise
  - Tracking
  - Forest camp
-



### Tree Plantation

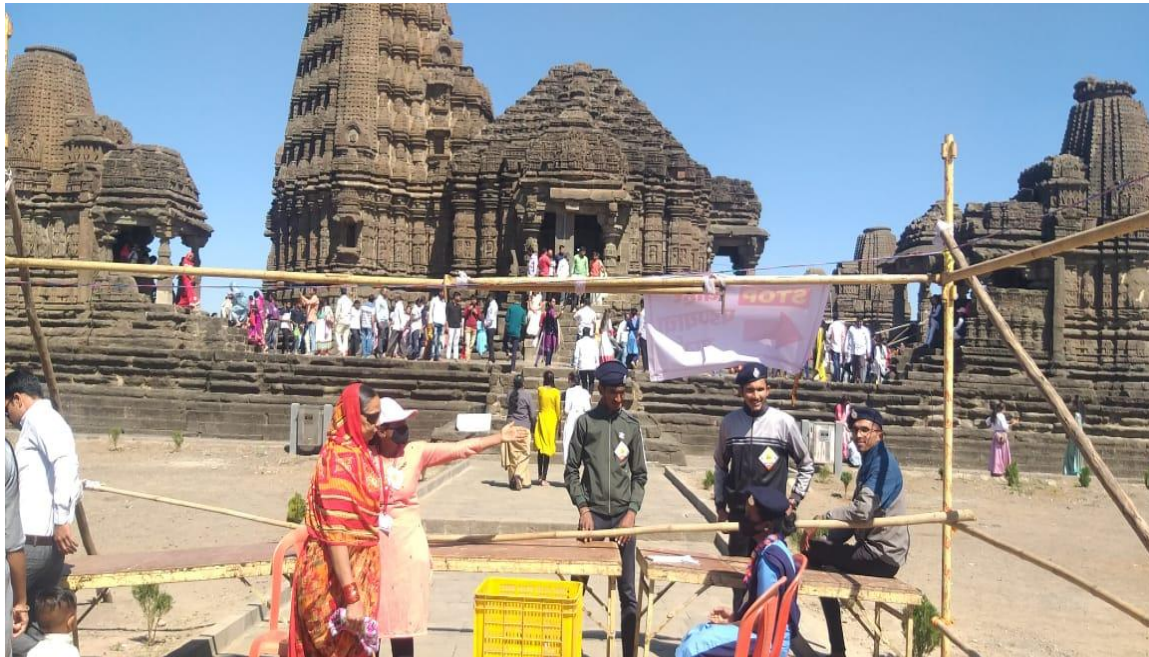


### Participation in Festival





**Guidance to tourist people**



**Gathering Event**





### Felicitation of Ranger



### Cleanliness of Campus





### Rallies for Voter Awareness







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## **EVM and VVPT Machine Awareness**

